## ABSTRACT OF THE DISCLOSURE

A fiber optic cable including a cable core having at least one optical fiber and a ripcord. In one embodiment, the ripcord is a conductive material operative, upon application of a sufficient pulling force, to rip at least one cable component for facilitating access to said at least one optical fiber. In other embodiments, the ripcord is formed from a semi-conductive material, the ripcord is removably attached to at least one cable component, and/or the ripcord has an excess length.

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